

Did you wash your hands?

PANDEMIC FLU

YOUR HEALTH IS IN YOUR HANDS



- 1:** Use soap and warm water. **2:** Scrub for 20 seconds.
- 3:** Rinse. **4:** Dry with paper towel.
- 5:** Use towel to turn off faucet and turn door handle.

Greene County Pandemic Influenza Planning Committee Meeting

Date: Thursday, September 20, 2007

Time: 9:00 A.M.

Location: Greene Co. Health Dept.

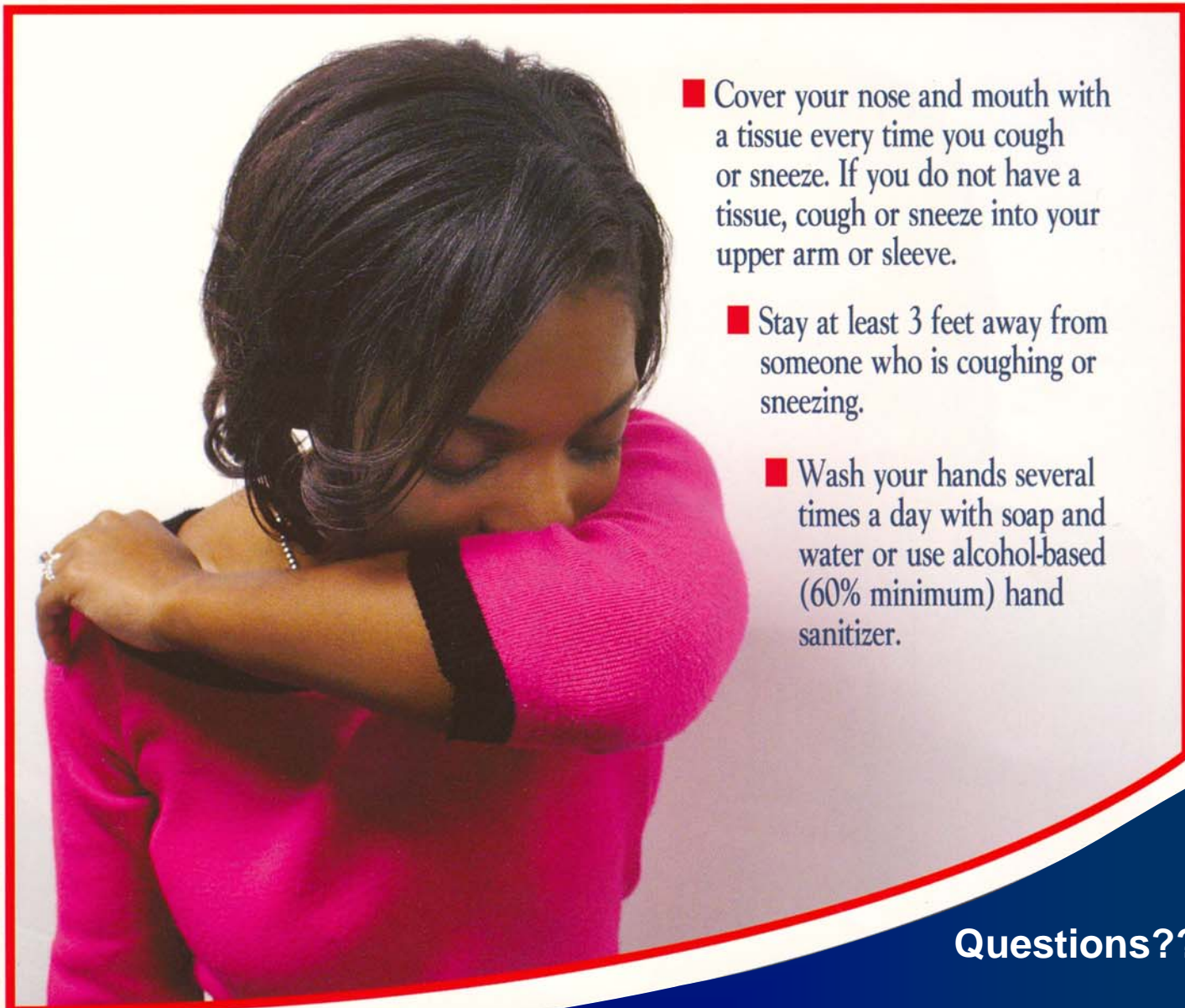
Questions??

Please contact the Greene Co.
Health Dept. at 205-372-9361

Did you cover your cough?

PANDEMIC FLU

YOUR HEALTH IS IN YOUR HANDS



- Cover your nose and mouth with a tissue every time you cough or sneeze. If you do not have a tissue, cough or sneeze into your upper arm or sleeve.
- Stay at least 3 feet away from someone who is coughing or sneezing.
- Wash your hands several times a day with soap and water or use alcohol-based (60% minimum) hand sanitizer.

Questions??

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